

# HOLIDAY COURSES

Our holiday courses provide maximum entertainment, your child will have fun, learn, express themselves and above all play in a safe environment. The courses are open to boys and girls aged 5 - 11, with various booking options available.

We offer football for the fanatics and multi-sports for the all rounder, with all children receiving a BASE gift.

A typical day will feature learning some new skills and the opportunity to take part in competitions in the morning followed by games and matches in the afternoon. We will have use of the hall and field so can really mix up what we do. It also means we have a dry space with the unpredictable British weather.

AGES: 4 - 11 YEARS

DAY: TUES - THURS

TIME: BETWEEN 08:30 - 17:00

VENUE: WILLIAM HARDING SCHOOL, HAZLEHURST DRIVE, HP21 9TJ

\*Please check website for full details\*



**SIGN UP**



# FOOTBALL PERFORMANCE

The Performance Centre allows grassroots players the opportunity to receive a Minimum of UEFA B qualified professional coaching to develop and improve all aspects of their game.

Our sessions are age appropriate, provide maximum contact time on the ball, are challenging but most of all enjoyable. Our curriculum is designed to take players on a journey of development through individual challenges, taking ownership of training and practicing away from our centre.

\*Being a member of our Performance Centre is additional to your child training/playing for their grassroots club\*

Sessions run on a weekly basis (term time), providing an excellent grounding in all aspects of the game.

The coaches give verbal feedback on a weekly basis with written reports twice a year.

- Min UEFA B Coach Led Sessions
- Fixtures to Nurture Development
- Age appropriate Sessions Led By Professionals
- BASE Training & Playing Kit
- Still Play for Your Grassroots Club
- High Tempo, Out of Comfort Zone & Serious Fun

## PERFORMANCE +

An extension of our performance session, Performance + takes our current high performers to stretch and challenge their development. These sessions are invitation only, all those wishing to trial will have to attend our Tuesday night session first.

**LEARN MORE** >>



**BASE**

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**EDUCATION  
PERFORMANCE  
ENRICHMENT**



**SATURDAY MORNING CLUBS  
HOLIDAY CLUBS  
FOOTBALL & NETBALL  
DEVELOPMENT**

**BASE**

# MINI DUCKS



We work in partnership with Aylesbury United Junior Football Club to bring you Mini Ducks & Mini Ducks XTRA.

Mini Ducks provides friendly & professional staff create a welcoming environment, so that children can develop their football skills whilst having fun, making new friends and moving on to form Under 7 teams each season for AUJFC.



## TASTER SESSION

AGES: FROM 3 - 5 YRS OLD

DAY: SATURDAY

TIME: 09:00 - 10:00

VENUE: THE GRANGE SCHOOL PLAYING FIELD, WENDOVER WAY

*\*Winter venue and times vary, please check website\**

# MINI DUCKS XTRA

Mini Ducks XTRA is for children who may wish to have XTRA development time before joining a club, players who just want to play for fun without joining a team and children who are new to football or trialists for the U7-9 AUJFC teams

AGES: SCHOOL YEARS 2, 3 & 4

DAY: SATURDAY

TIME: 10:30 - 11:30

VENUE: THE GRANGE SCHOOL PLAYING FIELD, WENDOVER WAY

**SIGN UP**



# BASE LIGHTNING

BASE LIGHTNING offer girls in year groups 1-6 the opportunity to train, play and develop their Netball skills in a Fun & safe friendly environment.

We provide opportunities for Junior Netball players in the Aylesbury Vale with pathways to youth and senior sections.

We have dedicated and experienced coaching staff, with coaches qualified at level 2 or working towards.



## TASTER SESSION

AGES: SCHOOL YEARS 1 - 6

DAY: SATURDAYS

TIME: FROM 10:30 ONWARDS

VENUE: AYLESBURY HIGH SCHOOL, WALTON ROAD, HP21 7SX

# JUNIOR NETBALL

NEW

2023

**SIGN UP**



# AUWFC WILDCATS



Working in partnership with AUWFC we deliver Wildcats. Wildcats introduces girls to playing football through fun sessions designed to inspire girls to try football and keep playing it.

The sessions provide girls' the opportunity to make new friends, build self-esteem, develop social skills. The Wildcat sessions create a pathway for girls' to move on to play competitive football if they wish to for AUWFC.

AGES: SCHOOL YEARS RECEPTION - 6

DAY: SATURDAYS

TIME: 09:00 - 10:00

VENUE: THE GRANGE SCHOOL PLAYING FIELD, WENDOVER WAY

*\*Winter venue and times vary, please check website\**



## TASTER SESSION

# GIRLS FOOTBALL



**SIGN UP**

