

Encouraging positive behaviours and relationships with your teen Wing family centre

Workshops for parents/carers with young people (including those with SEND) aged 11 to 16.

You are welcome to come to one or all of the sessions. No booking required. Scan the QR code for more details.

Sessions:

Being a parent to a teenager
Tuesday 20 June, 3pm to 4:15pm

Supporting your teens emotional health Tuesday 27 June, 3pm to 4:15pm

Improving communication with your teen Tuesday 04 July, 3pm to 4:15pm

Having clear boundaries with your teen
Tuesday 11 July, 3pm to 4:15pm



Any questions?

Contact us on 01296 398242



