



Buckinghamshire Adult Learning

Keep in Touch with Family Learning

Welcome from the Family Learning Team

Although we are all staying at home at the moment, nothing can stop us travelling in our imaginations. This week we are off to space! Get ready for blast off ... 5...4...3...2...1... !

Some ideas for all ages ... Share a book

This week we would like to suggest a "Storytime from Outer Space". You can enjoy listening to astronauts like Tim Peake who reads "The incredible intergalactic journey home" from [space](#). You will find a variety of stories for different ages and some also read in different languages including Arabic.

Busy Fingers

Why not make a rocket with recycled objects from your house? A kitchen roll? A yoghurt pot? What will you use as the fire? You could use a paper plate and a yoghurt pot to make a flying saucer. You could even make a friendly alien. We would love to see a photo of anything that you and your child make!

Time to be active.

Play the Planet Game! Before you start, make some cards: write the name of a planet and an action on each card (e.g. star jumps, hop, crawl, run on the spot). Now put on some music and pretend to fly your spaceship around the room. When the music stops, one person picks a card, says the planet and the action. Everyone has to do that action until the music starts again and you set off to the next planet. It is a great workout for parents and children!

Explore!

Take a trip to [NASA!](#) (click on the link) Explore the Space station, see the astronauts in action and the control room. You may not know the answers to the questions that your children ask so look for the answers together when you visit the [SpacePlace](#) for more information, games and space activities.

Useful Websites of the Week

Each week we suggest a couple of websites and include links in our newsletter. Knowing how to support your children to use the internet safely is important so here is a great link about how to stay safe online <https://www.childnet.com/parents-and-carers>. Also take a look at this poster for children aged 4–18 called "[think u know.](#)"

Memory Box Idea:

Make a telescope using a kitchen tube or a roll of paper. What does the sky look like? What can you see in it? Are you looking during the day or at night time? Draw or paint a picture to create what you can see.

Take care—ensure your children do not look directly at the sun. It can damage their eyes.

We would love to hear from you. What activities have you tried? What worked well? What would you like to share with others? Please drop a message to:

wendy.thomas@buckinghamshire.gov.uk

