



**WILLIAM HARDING SCHOOL**  
Aim high... Work hard... Be kind...

## **WILLIAM HARDING SCHOOL**

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**Head Teacher: Miss T Cotchin BA(Hons) PGCE NPQH**

10 December 2020

### **Pastoral additional support for pupils**

We know that our children will have had a wide range of experiences over the last few months. Pupils may be experiencing a variety of emotions in response to the coronavirus (COVID-19) outbreak, such as anxiety, stress or low mood. This may particularly be the case for vulnerable children, including those with a social worker and young carers.

It is important to contextualise these feelings as normal responses to an abnormal situation. Some may need support to re-adjust to school; others may have enjoyed being at home and be reluctant to return; a few may be showing signs of more severe anxiety or depression. Others will not be experiencing any challenges and will be keen and ready to return to school.

We are very fortunate to have been able to increase our already strong pastoral team in response to pupil need. This large team will be able to offer a variety of support to pupils during the Autumn Term. The team are as follows:

- Mrs Bone – Lead Family Liaison Officer
- Mrs Bicknell – Family Liaison Officer
- Mrs Pacelli – School Counsellor
- Mrs Lambourne - Matron
- Mrs Bazeley – Pastoral TA
- Mr Wright – Behaviour TA
- Lead TAs – Offering additional Pastoral support

During the Autumn Term we will be able to provide a range of support for pupils including:

- Supporting children to rebuild or develop friendships
- Addressing and equipping children to deal with issues related to COVID-19
- Supporting pupils to develop or improve their resilience and mental wellbeing
- Supporting pupils to deal with bereavements
- Supporting children to deal with change
- Adapted our timetables for increased, regular and daily opportunities to deliver well being and support

In addition to the support the pastoral team will be offering, we will also be providing support in class. Classes will have designated well-being sessions on their timetable. The sessions will allow children to express and explore how they are feeling and talk about strategies that may help them deal with change and their emotions.

**Our School Values are: Inclusion, Perseverance, Honesty, Respect, Responsibility and Collaboration.**



### **Pastoral questionnaire**

We have created a pastoral questionnaire for you to complete if you have concerns regarding your child's mental health. We will be sending the questionnaire out shortly so that you can let us know how your children are feeling about returning to school. If you feel that your child would benefit from some support with their mental health, please complete the questionnaire when it arrives. We will look at the responses and plan to support the children when we return. If we feel that our school counsellor would be best placed to support your child, we will be in contact to ask for your consent for her to work with your child. If over the summer you have additional concerns or your situation changes, please email Mrs Bone on [safeguarding@williamharding.school](mailto:safeguarding@williamharding.school)

### **Outside agencies**

If we feel that your child would benefit from support from outside agencies, such as school nursing, we will contact you to discuss the kind of support that may be beneficial and the support the organisation may be able to offer.

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