

Family Support Service



How to build...

Positive Relationships

Would you like to get on better with people online or in real life? Are you living in a situation where relationships are challenging?

If you're in school years 7 or above then our short 5-week course could help you!

5 sessions cover:

- Tips to help make friends
- How to deal with peer pressure
- Tips for getting on better with your family
- Online relationships and social media

Book a place by 23 December by emailing:
earlyhelpduty@buckinghamshire.gov.uk

Starts W/C
9
January



**Chesham Youth
Centre**
Thursdays
5 to 6pm



**SCAN
ME**