



Buckinghamshire Family Learning



Family Learning courses starting from 7 March 2022*

*Unless otherwise stated Mornings-9:30am-11:30am Afternoons-12:30pm-2:30pm

Welcome to Family Learning Schools courses! We hope that you will join us for one of our fun and informative courses starting in January. Our courses are for parents only and will help you to support your child to make progress at school.

Booking is essential. Please click on the links below or contact the Enrolment Team on 01296 383582

For more information contact Kathryn on 07770 641997

 Reading	<p>Reception: Support your child's early reading by creating story sacks</p>	<p>Free online five-week course for parents with children in Reception Develop your child's early reading. Find out how you can engage your child with books and encourage understanding of stories. Learn how this will help your child at school. At the end of the course you will GET A FREE BOOK to share with our child. Choose from: Monday, Tuesday, Thursday or Wednesday mornings</p>
 Reading	<p>Y1&2: Support your child with reading and comprehension</p>	<p>Free online five-week course for parents with children in Years 1 and 2 Find out what is expected from your child at this age and how they are taught in school. Learn simple, fun activities to help them to progress and reinforce these important skills and understanding. Choose from: Monday afternoons or Tuesday, Wednesday, Thursday mornings</p>
 Writing	<p>Y3&4: Support your child with writing, grammar and spelling</p>	<p>Free online five-week course for parents with children in Years 3 and 4 Help support your child with their writing, including spelling, punctuation and grammar. Find out what is expected and how children are taught these essential skills and knowledge. Choose from: Monday 28 February, Tuesday, or Thursday afternoons</p>
 Wellbeing	<p>Support your child's well-being KS1</p>	<p>Free online five-week course for parents and carers with children in Years 1 & 2 Through child-friendly activities, look at practical ideas to help your child cope with change through building their confidence and improving their resilience. Starting Wednesday afternoons</p>
 Wellbeing	<p>Support your child's well-being KS2</p>	<p>Free online five-week course for parents and carers with children in Years 3, 4, 5 & 6 Look at practical ideas to improve your child's well-being. Explore ways to build your child's confidence and self-esteem, improving their resilience, both at home and school. Look at strategies to help them cope with anxiety and stress. Starting Monday afternoons</p>
 Wellbeing	<p>Parent and child yoga and mindfulness</p>	<p>Free online five-week course for parents and carers of Primary school children Give you and your child ideas and activities to allow you to practice mindfulness and look at how to support this and improve relaxation through yoga. Starting Tuesday 4:30pm-5:30pm</p>
 Digital skills	<p>Keep your child safe online KS2 and Y7</p>	<p>Free five-week course for parents and carers with children in KS2 and Y7 Help to keep your child safe and happy when using digital devices. This course will give you useful information about keeping your child safe online and actions you can take. Starting Wednesday mornings</p>
 Imagination	<p>Early Years: Story Explorer</p>	<p>Free online or face-to-face five-week course for parents of children from 2-4 years Each week you will share a story online and, using materials found at home, discover how to support your child to explore their senses in activities inspired by the book. Starting Tuesday 1 March mornings online or Wednesday 2 March, 10:00am-12:00pm at Newtown Family Centre face-to-face</p>
 Early Years	<p>Early Years: Confident Me</p>	<p>Free face-to-face five-week course for parents of children from 2-4 years Find out how you can support your child's confidence and well-being through stories and simple activities at home. Starting Tuesday 1 March, 1:00pm-3:00pm at Southcourt Family Centre</p>
 Volunteering	<p>Thinking about Volunteering Workshop</p>	<p>Free online workshop for parents and carers with school age children Are you thinking of going back into the workplace? Discover the skills you have and how they match the skills you need to work as a volunteer. Look at where to find volunteer opportunities and what are the next steps on your journey. Monday 21 March mornings</p>