



WILLIAM HARDING SCHOOL
Aim high... Work hard... Be kind...

WILLIAM HARDING SCHOOL

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15 September 2023

Dear parents and carers,

Re: Additional counsellor and parent advice sessions

At the moment we have a school counsellor, Mrs Mayer Wood. Mrs Mayer Wood has been able to support a number of pupils and they have really benefitted from their time with her. Her timetable is currently completely full. In order for us to be able to support even more pupils, we are delighted to say that Mrs Manly, an experienced counsellor, will be joining us one day a week for the autumn term initially.

Mrs Manly has provided some support for parents as well in schools. She runs a session called Hand on Heart. The sessions run 9am-10am for 4 weeks. These have been very successful and parents have said how wonderful and useful they are.

This is a group designed for every parent and is a supportive and engaging environment. It is an opportunity to reflect and to identify what we do well as parents and what we may want to adjust. This group aims to provide support in understanding of your children, their feelings and behaviours and providing strategies and advice. The aim of the group is to be supportive and not judgmental.

If you are interested, the first session will be on Wednesday 20th September, 9-10am. Please come to the reception and Mrs Manly will meet you there.

We hope that lots of parents will take up this wonderful opportunity.

Kind regards,

Mrs Skinner

Inclusion, Pastoral and Safeguarding Lead

Our School Values are: Inclusion, Perseverance, Honesty, Respect, Responsibility and Collaboration.

