

WILLIAM HARDING SCHOOL Aim high... Work hard... Be kind...

## WILLIAM HARDING SCHOOL

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Head Teacher: Miss T Cotchin BA(Hons) PGCE NPQH



09 May 2022

Dear families,

Re: Walk to school week 16th - 20th May

Walk with us!

A generation ago, 70% of us walked to school – now it's less than half. So, walk to school week aims to encourages more children and adults to get out of the car and walk to school. Our five-day walking challenge is an annual celebration of the walk to school and the perfect activity to celebrate National Walking Month this May.

The fun and engaging week-long activity has been built to make pupils experience first-hand the importance of walking to school.

Through this challenge, children will be well on their way to reaching their recommended 60 minutes minimum of physical activity per day before even reaching the school gates!

Last year, a record number of over 350,000 pupils across the UK took part! Join this growing movement of children walking to school and help us make 2022 our biggest year yet!

Join the William Harding family and walk with us between 16th – 20th May 2022

Yours faithfully,

Adrian Dinham

Year 4 Class teacher

Our School Values are: Inclusion, Perseverance, Honesty, Respect, Responsibility and Collaboration.















