



Buckinghamshire Family Learning

Find ways to help build your
child's confidence and
resilience

Discover how to help
your child manage
stress and anxiety

Y1&2- Support Your Child with Their Wellbeing

Join our **free**, 2 hour, 5-week online course.

[Tuesday 20 February, 9:30am](#)

To book a place, please click on a day above, scan the QR code below
or phone 01296 383582 with the code FMFW061.

