

## How to...

# Move up to Secondary School

**Course For Young People** 

Getting ready to move up to Year 7? Not sure what to expect? Our short six week course could help!

#### Sessions cover...

- What to expect at secondary school
- Dealing with peer pressure
- Making friends
- Tackling your fears and worries
- Getting organised!

### **Aylesbury**

Wednesdays 5.30-6.30pm Southcourt Family Centre HP18 0FG

#### **Buckingham**

Tuesdays 5.30-6.30pm Buckingham Family Centre MK18 1AP

#### **Amersham**

Tuesdays 5.30-6.30pm Amersham Family Centre HP6 6PF

## **High Wycombe**

Tuesdays 6-7pm Castlefield Family Centre HP12 3LL

#### Online

Mondays 6 -7pm MS Teams starts week
beginning
6 June

Book a place by 23 May at:

earlyhelpduty@buckinghamshire.gov.uk

For more information please visit

familyinfo.buckinghamshire.gov.uk/familysupport