

## School Nursing Service

### Year 6 National Childhood Measurement Programme 2023 / 2024

#### Parent / Carer Information



Dear Parents/Carers of Year 6

Please register with the SchoolScreener Parent Portal to find out more about the NCMP programme and healthy lifestyle resources in Buckinghamshire. By doing so, you will have access to your child's measurements. These will be available on the Parent Portal unless you have opted out. Your child **is not** told the results.

Each year in England, School children in Reception and Year 6 routinely have their height and weight checked at school as part of the National Childhood Measurement Programme. The measurements will be stored in your child's Bucks Healthcare NHS record. The measurements are carried out by our trained team of School Health Assistants, in a space away from other pupils. [The emotional impact of the NCMP has been researched and studies show that body image, self-esteem, weight-related teasing and restrictive eating behaviours do not change as a result of being measured or receiving feedback.](#) (Dept Health and Social Care, 2023)



To register, please click the link below:

<http://qlink.uk/Buh236/110358>



Parents/Carers must opt-out of the NCMP by registering with the Parent Portal. **If you do not register with the parent portal your child may still be screened. Follow the portal instructions clearly and CLICK SUBMIT at least 48 hours before our visit.**



**Dental Survey** - Buckinghamshire Council are asking parents/carers about **dental health** for children in Year R to Year 6. [buckinghamshire.gov.uk/dental-health](http://buckinghamshire.gov.uk/dental-health). By answering these questions accurately, you can help us to highlight any areas of children's dental health that need to be addressed.



Be Healthy Bucks has a range of support available to you and your child to encourage healthier changes. They have online and face to face sessions to support long term changes within the home whilst covering topics like food label decoding, healthy swaps, physical activity and much more. The sessions are great fun and families really feel the benefits! Simply register online at [Home - Be Healthy Bucks \(maximusuk.co.uk\)](http://Home - Be Healthy Bucks (maximusuk.co.uk)) and get support soon.

#### Contact details

School Nursing – [bht.schoolhealth-screening@nhs.net](mailto:bht.schoolhealth-screening@nhs.net) if you have any further queries or more details about the NCMP and do not wish to use the portal

Parent Portal – [parentsupport@schoolscreener.com](mailto:parentsupport@schoolscreener.com) if you have any further queries about the portal or issues logging into it.

There is more detailed information on the website regarding how the data is processed.  
[www.buckshealthcare.nhs.uk/cyp/school-years-development/school-nursing/](http://www.buckshealthcare.nhs.uk/cyp/school-years-development/school-nursing/)  
<https://www.nhs.uk/live-well/healthy-weight/national-child-measurement-programme/>

**Patient Advice Sheet - If you would like a copy of this Information on audiotape, in large print or translated, please call the Patient Advice Liaison Service on 01296 831120 or email [bht.pals@nhs.net](mailto:bht.pals@nhs.net)**