



**WILLIAM HARDING SCHOOL**  
Aim high... Work hard... Be kind...

**WILLIAM HARDING SCHOOL**  
Hazlehurst Drive, Aylesbury, Bucks. HP21 9TJ

Phone: 01296 421733

E-mail: office@williamharding.school

Website: [www.williamhardingschool.co.uk](http://www.williamhardingschool.co.uk)

**Head Teacher: Miss T Cotchin BA(Hons) PGCE NPQH**



28<sup>th</sup> February 2023

Dear parents and families of Year 6.

**Re: PSHE topic for Spring 2**

Beginning the week commencing 13<sup>th</sup> March 2023, Year 6 will be studying a PSHE unit of work focusing on physical, mental and emotional wellbeing. This unit includes discussions about mental health and wellness as well as ways of managing stress and how we can seek help for concerns about our mental health. For some of our pupils, these might be topics about which they are particularly sensitive and so we are informing you of this now so that you are prepared should the children come home with any questions. Our focus, as always, in PSHE is on discussing issues relevant to the children’s lives in an age-appropriate and sensitive manner; if we have concerns about anything a child shares during one of these lessons then we will follow our normal procedures for safeguarding or may refer them to the FLO team for more support if we feel that it is needed.

We will also be discussing different types of drugs, including illegal and prescription drugs, and the reasons for which people might use them. We will not be focusing on issues surrounding addiction or the risks associated with drugs; our primary focus is on categorising them as legal, illegal or prescription. Again, should we have any concerns about a pupil during this, we will follow the procedures described in our safeguarding policy which can be found on the school website.

If you have any concerns about the material or would like to share with us any issues which you feel may be difficult or upsetting for your child, please email the school office who will be able to pass this on to your child’s class teacher.

Yours faithfully,

Miss Lang, Miss Galliot, Mr Irwin and Mr Dawson

The Year 6 team

**Our School Values are: Inclusion, Perseverance, Honesty, Respect, Responsibility and Collaboration.**

